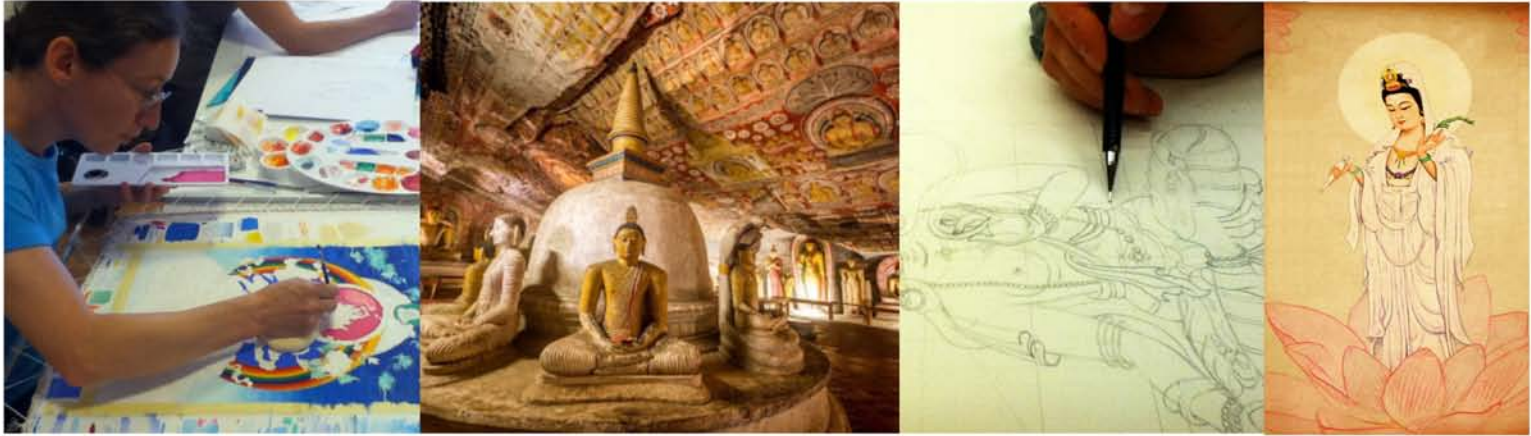


# Sri Lanka

## An amazing 11-day **Buddhist Art Course** incl. 4 day sightseeing tour



### Feb 23-March 5, 2017, Guan Yin drawing & painting course

This new 11-day Buddhist Art retreat is extra special, because it includes a sightseeing tour where you will visit some of the beautiful Buddhist sites in Sri Lanka. This makes it such a wonderful opportunity to combine with vacation!

In different traditions **Guan Yin** (also written as **Kuan Yin** or **Guanshiyin**) may be depicted as either a male or female manifestation of Great Compassion. Many Buddhist agree that Guan Yin came from the male bodhisattva *Avalokitesvara*. When Buddhism came into China and became popular, many Buddhists transformed Avalokitesvara into a female deity named Guan Yin, also known as *the Goddess of Mercy*.

In this Buddhist drawing and painting retreat we will work with **two different forms of Guan Yin** (standing and sitting) and besides this you will learn all about this beautiful deity through lectures and make contact with this energy of compassion through meditations.

You can either choose to draw and color Guan Yin with colored pencils or paint your drawing and learn how to work with the special *thangka* (tibetan scroll) painting techniques. **Experience in drawing/painting is not necessary.**

*Optional:* instead of Guan Yin you can also choose to draw/paint **Avalokiteshvara**. If you prefer this, please let Carmen know by email so she can prepare this for you. For a list of materials to bring ask The Buddhist Library or visit Carmen's website. Please register a.s.a.p., to be sure of your place.

**Schedule:** Thu Feb 23: arrival at Colombo airport, transfer to the Paramita Centre, getting settled & introduction.

Fri Feb 24-Wed March 01: Buddhist drawing & painting course with a lot of individual guidance. In the evenings a lecture or free time.

Thu March 02 sightseeing tour: Kadugannawa - Anuradhapura

Fri March 03 sightseeing tour: Anuradhapura - Polonnaruwa

Sat March 04 sightseeing tour: Polonnaruwa - Dambulla cave temples

Sun March 05 sightseeing tour: Dambulla - Colombo - Kelaniya - Airport - *A more detailed schedule can be found on Carmen's website*

**Cost:** **EUR € 755** (retreat €427 & sightseeing S€328) plus flight. (for the sightseeing tour a single room is available for a €105 supplement)

**USD \$ 825** (retreat \$465 & sightseeing S\$360) plus flight. (for the sightseeing tour a single room is available for a \$115 supplement)

**SGD S\$ 934 for TBL members / S\$1144 for non-members** (retreat S\$435 / S\$645 & sightseeing S\$499 (single room supp. + S\$160)

This includes all transfers, all meals, 7 nights of lodging in the Paramita Centre, sightseeing tour with all entrance fees and 3 nights hotel.

Flight: a discount group ticket might be possible when flying in from Singapore (contact Koon Teck) or Amsterdam (contact Carmen).

**Where:** Paramita International Buddhist Centre, Kadugannawa, Sri Lanka (100km from Colombo)

Transport from Colombo airport to the Centre and vice versa will be provided on Thu 23rd and Sun 5th.

**Registration:** Call (+65) 6746-8435 or email Koon Teck at [koonteck@buddhlib.org.sg](mailto:koonteck@buddhlib.org.sg)

(Tues-Sat: 12:00 noon-9:00pm / Sun: 10:00am-9:00pm / Closed Mon) **Please register a.s.a.p. (before Dec 23) to be sure of your place.**



**About the teacher:** Carmen Mensink is an internationally renowned painter of Thangka scroll paintings. She is based in Amsterdam, the Netherlands, and teaches this beautiful Tibetan Buddhist art, meditation and philosophy all around the world. [www.tibetan-buddhist-art.com](http://www.tibetan-buddhist-art.com)

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